

LAT PULL DOWN - DUAL PULLEY

JPB-201B

- ◆ The Lat Pull Dual Pulley features an adjustable thigh pad to secure the user during the exercise. The dual pulleys can be used with strap handles for an effective iso lateral workout.

- ◆ **DIMENSION:**  
Length : 62 inches / 157 cms  
Width : 40 inches / 102 cms  
Height : 90 inches / 229 cms  
Weight Stack : 220lbs / 100kg

- ◆ **MUSCLE WORKED:**  
Erector Spine, Trapezius,  
Latissimus Dorsi,  
Rear Deltoids & Biceps

